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# InStyle

## SPRING TRENDS TO WEAR NOW

**GWYNETH  
PALTROW**  
ON FILM, FAMILY &  
THAT FAB BODY

EMMA WATSON'S  
NEW ROLE

1/4 GLAM  
BUYS  
UNDER  
£100

SEXY HAIR  
IN 5 MINUTES  
(*PROMISE!*)

**CHERYL COLE'S**  
£10 MUST-HAVE



# TRAVEL NEWS

See the world in first-class style

## Star spa

Marion Cotillard, *right*, is a fan of The Palace Spa, the latest addition to the heavenly Es Saadi Gardens & Resort in Marrakech (rooms from about £164; [essaadi.com](http://essaadi.com); 00 212 524 448 811). Amid lush gardens, with stunning views of the Atlas mountains, the three-storey, 24-room spa, which includes a Dior Institut, resembles an Oriental palace.

Treatments start at 400 Dh (about £30); a personalised programme starts at 3500 Dh (about £260), including use of the pool, Oriental Thermae® and solarium, a choice of treatments and lunch in the spa's organic restaurant Bio du Bled.



## HOT SPOT

Atop a jaw-dropping canyon overlooking the Bay of Kumlubük on Turkey's southern coast, the rooms at the super-stylish Dionysos Estate have had a complete refurb. It's the perfect place to rest and unwind, with an Olympic-size infinity pool, organic, home-grown food and a Decléor spa.

Exclusive Escapes ([exclusiveescapes.co.uk](http://exclusiveescapes.co.uk); 020 8605 3500) offers seven nights at the Dionysos Estate from £700 per person, b&b, including flights, transfers and a day's sea cruise.



view from double room at Dionysos Estate

## Body beautiful

Get in shape at Hawaii's Edition Waikiki on the spectacular island of Oahu, with its new Surf and Bikini Boot Camp. The four-day regime includes spa treatments, paddle-boarding, hiking, yoga and surfing. The programme costs \$775 (about £490; single occupancy) or \$445 (about £280; double occupancy) per person per day and includes an ocean-view room, meals, treatments and activities ([editionhotels.com](http://editionhotels.com); 00 1 800 466 9695).



## Pssst! London newcomer

This spring, The Corinthia joins the capital's five-star scene. Located in Whitehall, it boasts London's largest suites, an Espa spa and the Bassoon bar – set to become *the* place for cocktails ([corinthia.com](http://corinthia.com); 0845 130 9912; £450 per night).



Savannah Bay Beach, Virgin Gorda

## THE FASH PACKER

French actress and singer Joséphine de la Baume on her stylish travel life

### Won't step on a plane without?

"A Sentara moisturising cream [from about £38; [sentaraskincare.com](http://sentaraskincare.com)] and a notebook and pen – for some strange reason, I get really inspired on planes!"

**Travel style?** "I just wear whatever I'd normally wear on a day off – I never change my outfit to travel!"

**Essential extras?** "A lovely Diptyque candle [in Baies, *below right*, £38; 020 8740 2085] to make me feel at home."

**Working holiday?** "Filming *The Princess of Montpensier* in Auvergne. We wore beautiful period costumes and spent our days in castles in overwhelming surroundings. Being away from home with the whole team for so long made it feel like summer camp!"

**Best bar?** "The Cabin Down Below in the East Village, NYC."

**Best beach?** "The beaches on Virgin Gorda in the Virgin Islands are stunning."

**Best bed?** "It depends on what for!"

**Luxe travel moment?** "What makes a place luxurious for me is discretion – and I find that most in the south of France."

**Dream holiday companion?** "My fiancé Mark."

**Favourite hotel?** "I love L'Hotel in Paris, Oscar Wilde's last home. It takes me back to childhood."

**Dream escape?** "An African safari with my fiancé. Seeing giraffes and hippopotamuses every day was incredible. Sitting a metre away from a lion and not knowing whether to laugh or cry was a memorable moment!" ■

The Oscar Wilde suite, L'Hotel, Paris



Joséphine de la Baume and fiancé Mark Rowland